

The Fit Active Beautiful Foundation (FAB™) is seeking new **Board of Directors members.**

Fit Active Beautiful Foundation is a non-profit charity passionate about Helping Young Girls Become Strong Women. To fulfill our passion we've developed an innovative and empowering program that challenges youth girls in grades 6, 7 and 8 to train for and complete the FAB™ 5K Community Challenge.

Our program is designed to encourage youth girls to stay fit and active and help them turn their dreams into reality by introducing a goal-setting framework they can use to pursue any future goal. We also can't forget about all of the fun we have in pursuit of crossing the finish line! Running, goal setting and girl fun! It doesn't get much better than that.

FAB™ is seeking new board members with previous board experience and expertise in at least one of the following areas:

- Fundraising
- Board Governance
- Community Engagement
- Private Sector Networking

The Board of Directors meets once per month on the third Tuesday of every month, from September to June, 6:30 to 8:30 p.m. Board members are expected to attend no less than seven meetings annually and participate on a minimum of one additional sub-committee. Committee meeting frequency is determined at the committee level. Please see schedule 'A' for a summary of board accountabilities.

Please e-mail Executive Director, Sharon Gallant with questions, to indicate interest, or provide your resume. Prospective Board Members will be contacted to schedule an interview.

For more information about FAB™, please visit us at www.iamfab.ca

Sharon Gallant

Founder and Chief FAB™ Girl
Fit Active Beautiful Foundation

Schedule 'A'

Accountability of the Board of Directors

The Board is accountable for the overall affairs of Fit Active Beautiful Foundation (FAB).

Each Director is expected to act honestly, in good faith and in the best interests of FAB and in so doing, to support FAB™ in fulfilling its mission and discharging its accountabilities.

The Board is accountable for the successful leadership and management of FAB™, including:

- a. Develop a vision and strategic plan to guide the organization.
- b. Develop and execute operational and financial plans that work towards the strategic directions.
- c. Ensure delivery of a high standard of programs to youth girls consistent with the values and objects of the corporation.
- d. Effectively manage the operations and programs to achieve stakeholder satisfaction and financial sustainability.
- e. Stewardship of financial resources including ensuring availability of, and overseeing allocation of, financial resources.
- f. Proactively seek and secure new or extra funding from funders to fund the operations and programs.
- g. Maintain a continuous understanding of FAB™'s financial position and outlook, and ensure fiscal responsibility and security.
- h. Stay abreast of funding sources and development of grant applications and submissions to government, charitable organizations, and other funders.
- i. Identify avenues for fundraising.
- j. Develop and maintain positive relationships with external stakeholders, the broader social services community and the community in general.
- k. Build and manage an effective volunteer program to accomplish FAB™'s objectives in a manner that honours the values of FAB™.
- l. Maintain knowledge about risks inherent in FAB™'s operations and ensure that appropriate risk analysis is performed as part of board decision-making.
- m. Recruit and supervise staff
- n. Establish a process and schedule for monitoring and assessing performance in areas of board responsibility.
- o. Ensure compliance with legal and reporting requirements.